

Fall

2006

# RECREATION

## Activity

## Guide

Community & Cultural Center Classes

Aquatics Center Programs

Centennial Recreation Center Programs

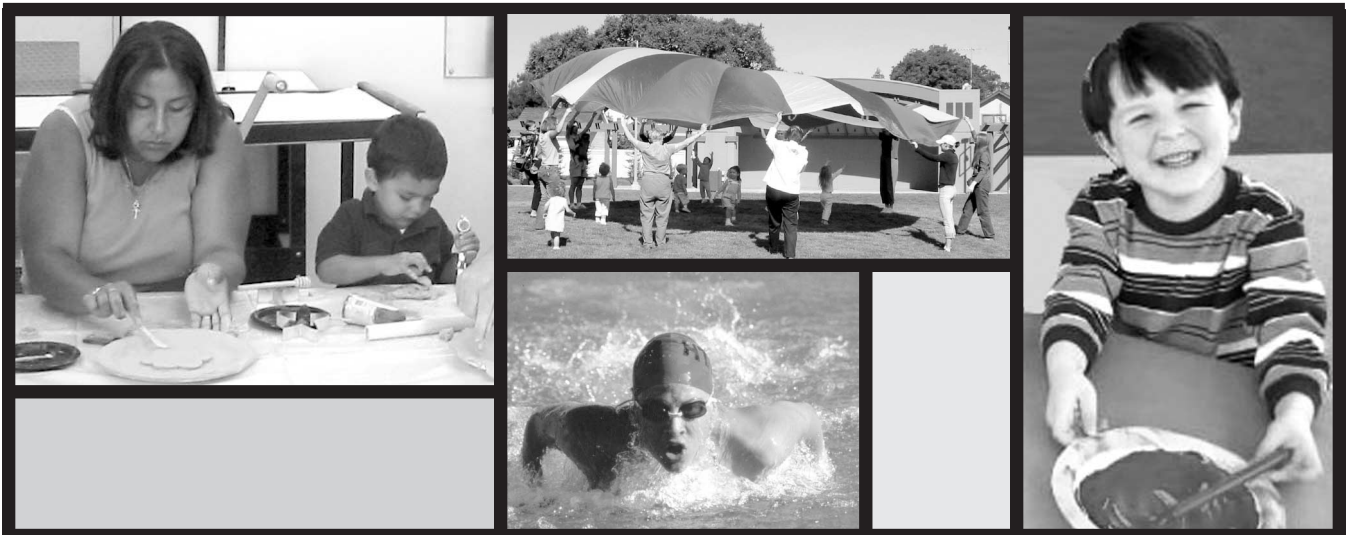




## *Creating Community through People, Parks, and Programs*

Parks, recreation, and community services are an integral part of a community. The City of Morgan Hill strives to provide high quality, affordable, and accessible recreation services to improve health, foster youth development, encourage active lifestyles, strengthen public safety, support community development, and promote environmental stewardship. In October, the City's efforts in these areas will be further enhanced with the opening of the new Centennial Recreation Center (CRC). In partnership with the YMCA of Santa Clara Valley, the CRC will provide something for everyone. The facility will feature a Senior Center, Teen Center, fitness areas, swimming pool, and gymnasium. The City Council, Parks and Recreation Commission, and staff invite you to the grand opening celebration on October 28. We also hope to see you enjoying the new center, Aquatics Center, and Community and Cultural Center throughout the entire year!

***Steve Rymer, Director***  
Recreation and Community  
Services Department





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### **Community & Cultural Center**

17000 Monterey Road, Morgan Hill, CA 95037  
(408) 782-0008 • FAX (408) 779-5450  
www.mhcommunitycenter.com

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782-0008 x 502

Facility Specialist . . . . . Carlos Munoz  
carlos.munoz@morganhill.ca.gov  
782-0008 x 503

### **Aquatics Center**

16200 Condit Road, Morgan Hill, CA 95037  
(408) 782-2134 • FAX (408) 782-2176  
www.mhaquaticscenter.com

Recreation Supervisor . . . . . Angela Papp  
angela.papp@morganhill.ca.gov  
782-2134 x 701

Recreation Coordinator . . . . . Theresa Magno  
theresa.magno@morganhill.ca.gov  
782-0008 x 702

Facility Specialist . . . . . Sergio Jauregui  
sergio.jauregui@morganhill.ca.gov  
782-0008 x 704

### **Centennial Recreation Center**

Morgan Hill, CA 95037  
(408) 782-2128 (Available in October)  
www.mhrcr.com

Recreation Supervisor . . . . . Chris Ghione  
chris.ghione@morganhill.ca.gov  
779-7271 x 459



**See back cover for  
Calendar of Events**

## TABLE OF CONTENTS

### **COMMUNITY & CULTURAL CENTER**

Registration Form . . . . . 2

How to Register . . . . . 3

#### **YOUTH CLASSES**

Arts & Crafts . . . . . 6

Dance . . . . . 7

Early Childhood Development . . . . . 4

Fitness . . . . . 8

Halloween Dance . . . . . 10

Self-Defense . . . . . 9

Special Holiday Activities . . . . . 10

Sports . . . . . 8

#### **TEEN/ADULT CLASSES**

Art . . . . . 12

Dance . . . . . 12

Enrichment . . . . . 14

Health & Fitness . . . . . 14

Just 4 Teens! . . . . . 11

Music . . . . . 14

Self-Defense . . . . . 15

Sports . . . . . 14

### **AQUATICS CENTER**

Coed Aquatic Fitness . . . . . 16

Fun N' Fit Swim Conditioning . . . . . 17

Masters Lap Swim . . . . . 16

Private Swim Lessons . . . . . 17

Tri-Athlete Training . . . . . 16

Wetball . . . . . 17

### **CENTENNIAL RECREATION CENTER**

Coed Aquatic Fitness . . . . . 25

Fitness Center . . . . . 22

Group Exercise Classes . . . . . 21

Group Swim Lessons . . . . . 24

Gymnasium . . . . . 22

Lap Swim . . . . . 23

Membership . . . . . 20

Private Swim Lessons . . . . . 23

Recreation Swim . . . . . 23

Senior Center . . . . . 23

Specialty Classes . . . . . 22

Teen Center . . . . . 20



# REGISTRATION FORM

## Recreation & Community Services Department



### FAX CCC only

Complete the registration form below, including your credit card information and FAX it in.  
**FAX:**  
**(408) 779-5450**



### MAIL-IN CCC only

Complete the registration form below and include a check or credit card information. Make checks payable to: **City of Morgan Hill**.  
Mail to: Community & Cultural Center, "Classes", 17000 Monterey Road, Morgan Hill, CA 95037  
Include a self-addressed stamped envelope in order to receive receipt confirmation.



### ONLINE CCC only

Online registration may be completed by logging onto:  
**www.active.com**  
**/browse/morganhill**

Please note that a convenience fee will be applied to all online registrations.



### WALK-IN

Register in person at all facilities. See page 1 for addresses and contact information.

## CONTACT INFORMATION

NAME (ADULT):

HOME PHONE :

☐ PARENT ☐ GUARDIAN ☐ GRANDPARENT ☐ SELF

WORK PHONE :

ADDRESS/CITY/ZIP:

CELL PHONE:

E-MAIL ADDRESS:

EMERGENCY:

PARTICIPANT'S FIRST & LAST NAME	BIRTHDATE	CLASS TITLE	ACTIVITY #	FEE

Participants are automatically enrolled in a class unless otherwise notified by the Recreation Division office.  
Please Note: No confirmation will be mailed unless you provide a self-addressed stamped envelope.  
Youth Scholarships forms are available upon request by calling (408) 782-0008.

Registration Fee: \$3.00

TOTAL FEE: \$

## CREDIT CARD INFORMATION

I hereby authorize the use of my: VISA ☐  MasterCard ☐  ACCOUNT NO. \_\_\_\_\_

PRINT NAME (as it appears on card): \_\_\_\_\_ EXPIRATION DATE (MO/YR): \_\_\_\_\_

## LIABILITY RELEASE:

In consideration of the acceptance of this application for participation in the above class or event, as a participant or as a legal guardian on behalf of a minor participant, I hereby agree to release the City of Morgan Hill and Redevelopment Agency, their officers, employees, contractors and volunteers from any and all liability for accidents, injuries, loss of and/or damage to my or the minor participant's person or property that may arise out of my or the minor participant's participation in this activity. I understand that accidents and injuries can arise out of the class or event. Knowing these risks, nevertheless, I hereby assert that my or the minor participant's participation in this event is voluntary and I thereby assume those risks and release, indemnify, and hold harmless the City of Morgan Hill and all of the agents and persons mentioned above who (through negligence or carelessness) might otherwise be liable to me or the minor participant or any heirs or assigns for damages. I understand that this waiver, release and indemnification is binding on me, the minor participant, and our heirs and assigns. Pursuant to California Family Code Section 6910 et seq., and other applicable laws, I hereby authorize the Morgan Hill Recreation and Community Services Department to procure and consent to medical, hospital or dental care for me or the minor participant in the event of an injury as a result of participation in this program. The undersigned further expressly agrees that the foregoing waiver, release and indemnification is intended to be as broad and inclusive as is permitted by the law of the State of California and that if any portion therefore is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect. I have read this waiver of liability, medical release, and indemnification agreement, fully understand its terms, and understand that I am giving up substantial rights, including my right to sue and recover against the City of Morgan Hill. I acknowledge that I am signing the agreement freely and voluntarily, and intend by my signature for this to be a complete and unconditional release of all liability to the greatest extent allowed by law. **Publicity and Policies:** I agree to allow use of my photograph or the minor participant's photograph for program publicity. I have read and agree to the registration and program policies.

☐ Participant ☐ Parent/Guardian SIGNATURE: \_\_\_\_\_ DATE: \_\_\_\_\_

# How to Register



## FAX-IN REGISTRATION (CCC only)

Fax-in registrations must include complete credit card information and should be faxed to **(408) 779-5450**.



## MAIL-IN REGISTRATION (CCC only)

Mail-in registrations will be accepted up to **7 days** before the start of a class and/or until the class is full. Make checks payable to **"City of Morgan Hill"**. Include a self-addressed stamped envelope in order to receive receipt confirmation. Please complete the registration form and mail with payment to:

Morgan Hill Community & Cultural Center  
Attn: "Classes"  
17000 Monterey Road  
Morgan Hill, CA 95037



## ONLINE REGISTRATION (CCC only)

Online registration may be completed by logging onto **[www.active.com/browse/morganhill](http://www.active.com/browse/morganhill)**.

A convenience fee will be applied to all online registrations as follows:

<u>Class fee</u>	<u>+</u>	<u>Online Convenience fees</u>
Up to \$150		Equal to 6.5% + \$0.50
\$151 to \$500		Equal to 3.5% + \$5.00
Over \$501		Equal to 2.5% + \$10.00



## WALK-IN REGISTRATION

Walk-in registrations are processed during normal business hours from **8:00am - 5:00pm, Monday and Friday and 8:00am - 8:00pm Tuesday through Thursday** at the Morgan Hill Community & Cultural Center located at 17000 Monterey Road. We do not accept telephone registrations.



## REGISTRATION QUESTIONS?

For questions about the Community & Cultural Center classes call (408) 782-0008; for Aquatics Center classes and programs call (408) 782-2134; and for Centennial Recreation Center classes and programs call (408) 762-6000.

# Policies and Guidelines

## ❖ OPEN REGISTRATION

Our approach to registration is intended to allow equal admittance to all Morgan Hill residents. All registrations are taken on a first-come first-serve basis. The City of Morgan Hill Recreation and Community Services Division offers open registration for each class held. The City does not offer guaranteed admittance from one session to the next.

## ❖ CLASS CANCELLATION

The City of Morgan Hill Recreation and Community Services Department reserves the right to cancel any class that does not meet the set minimum enrollment. Please register early to avoid class cancellations. We will make every effort to notify you of a cancellation prior to the scheduled class starting date. The City will attempt to make up classes missed due to instructor illness or weather conditions, by lengthening the weeks or hours of the class when scheduling permits.

## ❖ CLASS REFUND POLICY

All refund requests must be submitted in writing to the Morgan Hill Community & Cultural Center. Refunds will be issued for class cancellations received at least 7 business days prior to the start of the class. No refunds will be given for cancellations made less than 7 business days prior to the first day of class. There will be a \$10.00 processing fee for each class cancellation request. When the class fee is paid by check, there is a 3 week waiting period before the refund check will be processed and mailed. Credit card refunds will be credited back to the original credit card account within one week of receiving the refund request.

## ❖ SCHOLARSHIPS

Youth scholarship forms are available upon request by calling (408) 782-0008.

## EARLY CHILDHOOD DEVELOPMENT

### Clay Together

Introduce your toddler to the fabulous fun of clay and you are invited! Stimulate your child's imagination and fine motor skills as you create both beautiful projects and great memories together. All projects will be glazed and fired. New projects each session. Parent must attend with child.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.301	09/14-10/26	TH	11:15am-12pm	2-3yrs	7
4104.311	09/15-10/27*	F	11-11:45am	2-3yrs	6
4104.302	11/02-12/21*	TH	11:15am-12pm	2-3yrs	7
4104.312	11/03-12/15*	F	11-11:45am	2-3yrs	6

\*No Class 9/22, 11/23 & 11/24

Material Fee: \$16 due at registration.

Fee: \$86 / Resident Discount: \$76 (7 week session)

Fee: \$75 / Resident Discount: \$65 (6 week session)



### Elements

Earth, water, fire and air, come celebrate the elements with your little one. This fascinating class will allow your children to experiment with and delight in the dynamics of each element as they travel from station to station participating in the hands-on activities. These activities change every week. Parent must attend with child.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.303	09/15-10/27*	F	12:15-1pm	2-3yrs	6
4104.304	11/03-12/15*	F	12:15-1pm	2-3yrs	6

\*No Class 9/22 & 11/24

Material Fee: \$12 due to instructor the first day of class.

Fee: \$75 / Resident Discount: \$65

### Elements II

Specially designed for older children, this class will stimulate and delight your child as the dynamics of each element are experimented with and savored. New activities each week. Some classes may include food preparation and consumption.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.305	09/14-10/26	TH	2:30-3:30pm	4-5yrs	7
4104.306	11/03-12/21*	TH	2:30-3:30pm	4-5yrs	7

\*No Class 11/23

Material Fee: \$16 due to instructor the first day of class.

Fee: \$98 / Resident Discount: \$88

### NEW!

### Stomp, Rattle and Roll

Let your little one experience rhythm at their own level and with their own personal expression. We will be crafting rhythm makers and shakers and such. We will even turn their own shoes into little rhythm sensations of their own! Each class will feature time to make and try out their creations. Parent must attend with child.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4112.301	09/14-10/26	TH	12:30-1:15pm	2-3yrs	7
4112.302	11/02-12/21*	TH	12:30-1:15pm	2-3yrs	7

\*No Class 11/23

Material Fee: \$16 due to instructor the first day of class.

Fee: \$86 / Resident Discount: \$76



### KinderClass

This is a parent-child participation class for preschool age children. We will gather for circle time activities such as singing, story time, group games, and music and movement. We will make beautiful art and craft projects, too! Come have fun learning and make new friends! Parent participation required.

Instructor: Nancy Domnauer

Location: CCC/Children's Pavilion

Activity #	Date	Day	Time	Age	Sessions
4302.301	09/11-10/16	M	9:30-10:30am	2½-5½yrs	6
4302.302	09/11-10/16	M	10:45-11:45am	2½-5½yrs	6
4302.303	09/12-10/17	T	9:30-10:30am	2½-5½yrs	6
4302.304	09/12-10/17	T	10:45-11:45am	2½-5½yrs	6
4302.305	10/30-12/04	M	9:30-10:30am	2½-5½yrs	6
4302.306	10/30-12/04	M	10:45-11:45am	2½-5½yrs	6
4302.307	10/31-12/05	T	9:30-10:30am	2½-5½yrs	6
4302.308	10/31-12/05	T	10:45-11:45am	2½-5½yrs	6

Material Fee: \$15 due to instructor the first day of class.

Fee: \$86 / Resident Discount: \$76



## Kindermusik: Village

**Zoom Buggy! & Dream Pillow.** Learn how to stimulate Baby's learning through vocal play, object exploration and creative movement. Environments with diverse developmental stages in first 18 months create an optimal learning setting for both children and parents. Dress comfortably. "Sibling situations" may be discussed with the instructor on a case-by-case basis. Participants must be accompanied by an adult.

Instructor: Renaissance Tots' Kindermusik Staff

Location: CCC/Madrone Room

Activity #	Date	Day	Time	Age	Sessions
4113.301	09/12-10/24	T	10-10:45am	0-18mths	7
4113.302	10/31-12/12	T	10-10:45am	0-18mths	7

Material Fee: \$30 due to instructor the first day of class.

Fee: \$94 / Resident Discount: \$84

## Kindermusik: Our Time

**Milk & Cookies.** Children will be introduced to a musical world filled with singing, imitation sounds, rhyming, sound identification, instrument exploration and creative movement. This class focuses on children's emotional development-as confidence, curiosity, self-control and communication take shape. Dress comfortably. "Sibling situations" may be discussed with the instructor on a case-by-case basis. Participants must be accompanied by an adult.

Instructor: Renaissance Tots' Kindermusik Staff

Location: CCC/Madrone Room

Activity #	Date	Day	Time	Age	Sessions
4113.303	09/12-10/24	T	11-11:45am	1 ½-3yrs	7
4113.204	10/31-12/12	T	11-11:45am	1 ½-3yrs	7

Material Fee: \$45 due to instructor the first day of class. (Good for both sessions.)

Fee: \$94 / Resident Discount: \$84

## Kindermusik: Imagine That

**Hello Weather, Let's Play Together.** Music will be paired with expressive language, storytelling, peer interaction, movement and pretend play for your child. This class provides an opportunity for you to see your child's unique personality and developing individuality come to life. Parents drop off their children for the first 30 minutes of class and rejoin for the last 15 minutes (siblings are welcome at this time). Dress comfortably.

Instructor: Renaissance Tots' Kindermusik Staff

Location: CCC/Madrone Room

Activity #	Date	Day	Time	Age	Sessions
4113.305	09/12-10/24	T	12:50-1:35pm	3-5yrs	7
4113.206	10/31-12/12	T	12:50-1:35pm	3-5yrs	7

Material Fee: \$50 due to instructor the first day of class. (Good for both sessions.)

Fee: \$94 / Resident Discount: \$84



## Mommie & Me Tumble Fun

Come join the fun with other parents and their little ones: Tumble time, children songs, music movement, structured group activity and free play. Children will learn basic tumbling and gymnastics skills in a safe and fun learning environment. The skills taught in this class will include- motor development, balance & coordination, strength, flexibility, socialization and meeting new friends. For more information call "I Can Gymnastics" at 782-6600. Sign up early, space is limited! Parent's participation is required.

Instructor: "I Can Gymnastics" staff

Location: CCC/EI Toro Room

Activity #	Date	Day	Time	Age	Sessions
4401.301	09/13-11/01	W	10-10:45am	6mo-2yrs	8
4401.302	09/13-11/01	W	11-11:45am	6mo-2yrs	8
4401.303	11/08-12/20	W	10-10:45am	6mo-2yrs	7
4401.304	11/08-12/20	W	11-11:45am	6mo-2yrs	7

Fee: \$114 / Resident Discount: \$104 (8 week session)

Fee: \$101 / Resident Discount: \$91 (7 week session)

## Mommy/Daddy & Me Soccer

Introduce yourself and your toddler to the "World's Most Popular Game"! A variety of activities designed around the game of soccer will be played each week. Your child will be developing their large motor skills and socialization skills. The fun happens on the field, and in Mommy/Daddy & Me Soccer, you won't have to watch from the sidelines. For more information go to [www.kidzlovesoccer.com](http://www.kidzlovesoccer.com).

KLS Rain-out Hotline: (800) 871-2275.

Instructor: Kidz Love Soccer certified staff

Location: Paradise Park Soccer Field, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4701.301	09/13-11/01	W	9:30-10am	2-3 ½yrs	8
4701.302	09/16-11/04	S	1:45-2:15pm	2-3 ½yrs	8

Fee: \$98 / Resident Discount: \$88



## Morgan Hill Library

17575 Peak Avenue, Morgan Hill  
[www.santaclaracountylib.org](http://www.santaclaracountylib.org) • 779-3196

### Program for Preschoolers:

Bedtime Stories(all ages) - Wednesdays, 7 pm  
 Toddler Stories (2-3 yr. olds) - Thursdays, 10 am  
 Preschool Stories (3-5 yr. olds) - Thursday, 10:45 am

## ARTS & CRAFTS

### Clay Around

Castles and dragons, animals and cups, oh my! These are just a few of the exciting projects that we will create as we develop basic clay skills. Children will learn problem-solving skills as they express themselves through clay. All projects will be fired and glazed. New projects each session.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4104.309	09/15-10/27*	F	2:30-3:30pm	4-5yrs	6
4104.310	11/03-12/15*	F	2:30-3:30pm	4-5yrs	6

\*No Class 9/22 & 11/24

Material Fee: \$16 due at registration.

Fee: \$86 / Resident Discount: \$76

### NEW!

### Watercolors: Here We Come!

Discover your genius for watercolor. We will learn the basics like color mixing and washing, brush techniques, light and shadow, and perspective. We will practice all these skills on still life paintings and story illustration.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4110.301	09/13-10/25	W	2:30-3:30pm	4-5yrs	7
4110.302	11/01-12/13	W	2:30-3:30pm	4-5yrs	7
4110.303	09/13-10/25	W	5:30-6:30pm	6-12yrs	7
4110.304	11/01-12/13	W	5:30-6:30pm	6-12yrs	7

Material Fee: \$12 due to instructor the first day of class.

Fee: \$98 / Resident Discount: \$88

### Art Sampler

Use a variety of art materials to explore drawing, painting, sculpture, collage & more! Emphasis is on creative and playful expression, so come enjoy our time together. New projects each session.

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4103.301	09/13-10/25	W	4-5pm	6-12yrs	7
4103.302	11/01-12/13	W	4-5pm	6-12yrs	7

Material Fee: \$16 due to instructor the first day of class.

Fee: \$98 / Resident Discount: \$88

### Clay Play

Come play clay with us! Learn or expand basic clay skills as you create fabulous clay art. The teacher chooses the first project and as a class we will decide the remainder of the projects. We will have so much fun deciding and creating clay work together. All pieces will be glazed and fired.

Instructor: Julia Souders

Location: CCC/Kitchen Facility

Activity #	Date	Day	Time	Age	Sessions
4104.315	09/15-10/27*	F	4-5pm	6-12yrs	6
4104.316	11/03-12/15*	F	4-5pm	6-12yrs	6

\*No Class 9/22 & 11/24

Material Fee: \$16 due at registration.

Fee: \$86 / Resident Discount: \$76

### NEW!

### In A Beginning (a creation myth experience)

Children are encouraged to explore and enjoy the magic of myth in this entertaining class. Children will hear many unique creation myths from different cultures around the globe while learning the fine art of storytelling themselves. They will discover the functions that myth plays in our life while planning, writing and illustrating their own creation myth.

Instructor: Julia Souders

Location: CCC/Kitchen Facility

Activity #	Date	Day	Time	Age	Sessions
4111.301	09/13-10/25	W	7-8pm	6-12yrs	7
4111.302	11/01-12/13	W	7-8pm	6-12yrs	7

Material Fee: \$16 due to instructor the first day of class.

Fee: \$98 / Resident Discount: \$88

### NEW!

### Clay Bust-a-Move: Adventure in Sculpture

Hey kids, want to learn some new moves with clay? This brand new class features clay sculpture for kids. It is designed to teach the basics. We will start with a human bust and go from there!

Instructor: Julia Souders

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
4114.301	09/14-10/26	TH	4-5pm	7-12yrs	7
4114.302	11/02-12/21*	TH	4-5pm	7-12yrs	7

\*No Class 11/23

Material Fee: \$16 due at registration.

Fee: \$98 / Resident Discount: \$88

### Clay Medley

Who says you can't have it all? This new class features a sample of three different types of clay. We will do projects with regular clay, polymer clay and an exciting new material, precious metal clay. During the firing process this product becomes pure silver.

Instructor: Julia Souders

Location: CCC/Kitchen Facility

Activity #	Date	Day	Time	Age	Sessions
4104.307	09/14-10/26	TH	5:30-6:30pm	7-12yrs	7
4104.308	11/02-12/21*	TH	5:30-6:30pm	7-12yrs	7

\*No Class 11/23

Material Fee: \$20 due to instructor the first day of class.

Fee: \$98 / Resident Discount: \$88

### Polymer Clay Class

This clay is like no other! Come discover this exciting medium where the possibilities are simply endless. Learn the basics and go on from there. Everyone loves this clay!

Instructor: Julia Souders

Location: CCC/Kitchen Facility

Activity #	Date	Day	Time	Age	Sessions
4104.313	09/14-10/26	TH	7-8pm	7-12yrs	7
4104.314	11/02-12/21*	TH	7-8pm	7-12yrs	7

\*No Class 11/23

Material Fee: \$16 due to instructor the first day of class.

Fee: \$98 / Resident Discount: \$88



## Just Draw!

This class is an introduction for beginners and children that love to draw. Students will learn to draw from basic shapes, circles and squares to build cartoon people and animals. Our emphasis is on having fun while you learn.

Instructor: Karen Hegglin

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
4101.301	09/14-10/26*	TH	3:30-4:20pm	6-8yrs	6
4101.302	11/02-12/14*	TH	3:30-4:20pm	6-8yrs	6
4101.303	09/14-10/26*	TH	4:30-5:30pm	9-12yrs	6
4101.304	11/02-12/14*	TH	4:30-5:30pm	9-12yrs	6

\*No Class 10/12 and 11/23

Material Fee: \$10 due to instructor the first day of class.

Fee: \$64 / Resident Discount: \$54

## DANCE

### NEW!

## Mommy & Me Ballet and Creative Dance

This class is designed to teach children the beginning elements of dance in a fun and creative learning environment. With the help of their mom or caretaker, you and your child will use scarves, teddy bears, wands and other props while dancing. The instructor will guide you through listening and moving activities and dances to get you both dancing hand-in-hand.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4208.306	09/12-11/28	T	11:35-12:05pm	2-3yrs	12

Fee: \$118 / Resident Discount: \$108

## Tiny Tots Ballet & Creative Dance

This class is geared for Tiny Tots. Your child will be introduced to ballet and creative movement. This is a FUN class, which is action packed to keep your child's attention. Your child will learn ballet steps, use props, scarves, teddy bears, wands and begin to understand dance terminology.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4208.301	09/12-11/28	T	10:10-10:40am	2½-3½yrs	12
4208.302	09/12-11/28	T	3-3:30pm	2½-3½yrs	12

Fee: \$118 / Resident Discount: \$108

## Ballet/Tap/Jazz Combo

This is a great class which introduces your child to ballet, tap and jazz. Your child will learn ballet, tap and jazz steps, use props, scarves, wands and begin to understand dance terminology.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4208.303	09/12-11/28	T	10:45-11:30am	3½-5yrs	12
4208.304	09/12-11/28	T	3:35-4:20pm	3½-5yrs	12
4208.305	09/12-11/28	T	4:25-5:10pm	6-8yrs	12

Fee: \$127 / Resident Discount: \$117

## Cheerleading/Hip Hop/Jazz

This class has it all! Your child will learn cheerleading motions, cheers, chants, jumps, technique and use pom-poms. They will also learn basic jazz and hip hop moves to music like Radio Disney and Kids Bop! Your child will perform in a class dance routine and cheers on the last day of the session!

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4207.301	09/12-11/28	T	5:15-6pm	5-7yrs	12

Fee: \$127 / Resident Discount: \$117



## Hip Hop & Jazz

Come out and learn the hottest new dance moves! This class is a high energy class that combines the elements of jazz and the latest hip hop moves you see on T.V. This is an action packed class! Your child will learn a dance routine that they will perform in class on the last day of the session.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4201.301	09/12-11/28	T	6:05-6:50pm	8-12yrs	12

Fee: \$127 / Resident Discount: \$117

### NEW!

## Hula & Tahitian Dance

Come join this fun class for beginners. Tahitian and Hula dance are very graceful and beautiful dances that have meaning with each movement. While dancing you are toning all muscles in your body and telling a story. The moves in the class are repetitive and will be taught slowly. Come feel the Tahitian & Hawaiian spirit through the magic of dance.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
4209.301	09/14-12/07*	TH	5:30-6:15pm	6-9yrs	12
4209.302	09/14-12/07*	TH	6:20-7:05pm	10-13yrs	12

\*No Class 11/23

Fee: \$127 / Resident Discount: \$117

## FITNESS

### JumpBunch

Your child will have a blast learning about sports and fitness. Our age appropriate activities and sports equipment allow children to learn and play a different sport or game each week. They will learn sports in a fun, hands-on setting. We supply the music, instruction and equipment - everything except the children!

Instructor: Coach Greg

Location: CCC/El Toro Room

Activity #	Date	Day	Time	Age	Sessions
4405.201	09/15-10/27*	F	10-10:30am	3-5yrs	6
4405.203	11/03-12/15*	F	10-10:30am	3-5yrs	6

\*No Class 9/22 & 11/24

Fee: \$70 / Resident Discount: \$60

### I Can Gymnastics

This class is a fun introduction to gymnastics. Each week students will learn gymnastics skills: work on strength, flexibility, coordination and balance in a fun and safe environment. Come dressed to participate and have fun! For more information call "I Can Gymnastics" at 782-6600. Sign up early, space is limited!

Instructor: "I Can Gymnastics" staff

Location: CCC/Mira Monte Room or El Toro Room

Activity #	Date	Day	Time	Age	Sessions
4402.301	09/13-11/01	W	9-9:40am	3-4yrs	8
4402.302	11/08-12/20	W	9-9:40am	3-4yrs	7
4402.303	09/13-11/01	W	3:15-4pm	3 ½-5yrs	8
4402.304	11/08-12/20	W	3:15-4pm	3 ½-5yrs	7
4402.305	09/14-11/02	TH	3:30-4:15pm	3 ½-5yrs	8
4402.306	11/09-12/21*	TH	3:30-4:15pm	3 ½-5yrs	6
4402.307	09/13-11/01	W	4-4:45pm	6-10yrs	8
4402.308	11/08-12/20	W	4-4:45pm	6-10yrs	7
4402.309	09/14-11/02	TH	4:30-5:15pm	6-8yrs	8
4402.310	11/09-12/21*	TH	4:30-5:15pm	6-8yrs	6

\*No Class 11/23

Fee: \$114 / Resident Discount: \$104 (8 wk session)

Fee: \$101 / Resident Discount: \$91 (7 wk session)

Fee: \$88 / Resident Discount: \$78 (6 wk session)

## SPORTS

### Mother & Child Golf

Join this 5 week introductory class with your child and learn at an easy, fun pace. Plus, this class is a great opportunity to spend quality time together. Golf is fun to learn and share with kids. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
4704.301	09/23-10/21	SA	1-2pm	6-17yrs	5
4704.302	09/24-10/22	SU	10-11am	6-17yrs	5
4704.303	11/04-12/09*	SA	1-2pm	6-17yrs	5
4704.304	11/05-12/10*	SU	10-11am	6-17yrs	5

\*No Class 11/25 & 11/26

Fee: \$69 / Resident Discount: \$59

### Jr. Golf

This 5 week class will teach golf fundamentals such as: the grip, the stance, putting, chipping, and full swing. This is a great introduction to the sport or to review and practice what you have learned. Please dress comfortably, bring water and wear sun screen. Golf clubs will be furnished or you are welcome to bring your own.

Instructor: Scott Krause and David Parks

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
4704.305	09/16-10/14	SA	12-1pm	5-17yrs	5
4704.306	10/01-10/29	SU	11am-12pm	5-17yrs	5
4704.307	10/28-12/02*	SA	10-11am	5-17yrs	5
4704.308	11/12-12/17*	SU	11am-12pm	5-17yrs	5

\*No Class 11/25 & 11/26.

Fee: \$62 / Resident Discount: \$52

### Kidz Love Soccer

Kids will learn the world's most popular sport from professional coaches licensed in the KLS method.

Your child will learn through skill demonstrations and

scrimmages conducted in

a non-competitive, recreational format. Bring your

tennis shoes and shin guards and

be ready to have fun! For more information visit

[www.kidzlovesoccer.com](http://www.kidzlovesoccer.com)

KLS Rain-out Hotline: 1 (800) 871-2275.

Instructor: Kidz Love Soccer certified staff

Location: Paradise Park Soccer Field, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4701.303	09/13-11/01	W	10:50-11:20am	3 ½-4yrs	8
4701.304	09/13-11/01	W	5:05-5:35pm	3 ½-4yrs	8
4701.305	09/16-11/04	SA	4:50-5:20pm	3 ½-4yrs	8
4701.306	11/15-12/06	W	2:45-3:15pm	3 ½-4yrs	4
4701.307	11/18-12/16*	SA	10:15-10:45am	3 ½-4yrs	4
4701.308	11/18-12/16	SA	2:45-3:15pm	3 ½-4yrs	4
4701.309	09/13-11/01	W	10:15-10:50am	4-5yrs	8
4701.310	09/13-11/01	W	2:45-3:20pm	4-5yrs	8
4701.311	09/16-11/04	SA	2:30-3:05pm	4-5yrs	8
4701.312	11/15-12/06	W	3:15-3:50pm	4-5yrs	4
4701.313	11/18-12/16	SA	10:45-11:20am	4-5yrs	4
4701.314	11/18-12/16	SA	3:15-3:50pm	4-5yrs	4
4701.315	09/13-11/01	W	3:20-4:05pm	5-6yrs	8
4701.316	09/16-11/04	SA	3:05-3:50pm	5-6yrs	8
4701.317	11/15-12/06	W	3:50-4:35pm	5-6yrs	4
4701.318	11/18-12/16	SA	3:50-4:35pm	5-6yrs	4
4701.319	09/13-11/01	W	4:05-4:50pm	7-8yrs	8
4701.320	09/16-11/04	SA	3:50-4:35pm	7-8yrs	8
4701.321	11/15-12/06	W	4:35-5:20pm	7-8yrs	4
4701.322	11/18-12/16	SA	4:35-5:20pm	7-8yrs	4
4701.323	09/13-11/01	W	4:05-5:05pm	9-12yrs	8
4701.324	09/16-11/04	SA	3:50-4:50pm	9-12yrs	8
4701.325	11/15-12/06	W	4:35-5:20pm	9-12yrs	4
4701.326	11/18-12/16	SA	4:35-5:20pm	9-12yrs	4

\*No Class 11/25

Fee: \$98 / Resident Discount: \$88 (8 week session)

Fee: \$54 / Resident Discount: \$44 (4 week session)



## Tennis: Beginner/Intermediate

This is a course designed to teach the fundamentals, proper techniques and skill development to the players. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4702.301	09/13-10/18	W	3-3:30pm	5-8yrs	6
4702.302	10/25-11/29	W	3-3:30pm	5-8yrs	6
4702.303	09/13-10/18	W	3:30-4:30pm	9-12yrs	6
4702.304	10/25-11/29	W	3:30-4:30pm	9-12yrs	6
Fee: \$46 / Resident Discount: \$36 (5-8yrs)					
Fee: \$82 / Resident Discount: \$72 (9-12yrs)					

## NEW!

## Youth Tennis League

The junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare the Juniors for USA Team Tennis play by the spring of 2007. Bring a tennis racket and dress appropriately.

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
4702.305	09/14-10/19	TH	3:30-4:30pm	9-12yrs	6
4702.306	10/26-12/07*	TH	3:30-4:30pm	9-12yrs	6

\*No Class 11/23

Fee: \$82 / Resident Discount: \$72

## Tennis: Private Lessons

These lessons are for individuals and/or small groups (1-6) people, who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-0008 to get more information.

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

½ Hour Lesson: \$25 / Hour Lesson: \$50

City of Morgan Hill Recreation and Community Services presents



# Movie Party

Community Playhouse  
Ages 7 and up

# Party Time

Community & Cultural Center  
Ages 2 to 10

Variety of party package activities such as: indoor and outdoor games, ice-breakers, face painting, animal balloons, comedy, and music.

**Available any day of the week!**

Contact Chiquy Mejia, Recreation Coordinator  
(408) 782-0008 or Christ.Mejia@morganhill.ca.gov. Habla español.

## SELF-DEFENSE

## Karate: Lil' Dragons

Lil' Dragons is a program that not only teaches blocks, punches, and kicks but also good citizenship, safety and life skills. Students will improve their focus, social skills and balance.

Instructor: Marieta Delacruz

Location: CCC/Hiram Morgan Hill Room

Activity #	Date	Day	Time	Age	Sessions
4705.301	09/12-10/05	T/TH	4-4:30pm	5-6yrs	4
4705.302	09/12-10/05	T/TH	4:30-5pm	5-6yrs	4
4705.303	09/12-10/05	T/TH	6-6:30pm	5-6yrs	4
4705.304	10/10-11/02	T/TH	4-4:30pm	5-6yrs	4
4705.305	10/10-11/02	T/TH	4:30-5pm	5-6yrs	4
4705.306	10/10-11/02	T/TH	6-6:30pm	5-6yrs	4
4705.307	11/07-12/07*	T/TH	4-4:30pm	5-6yrs	4
4705.308	11/07-12/07*	T/TH	4:30-5pm	5-6yrs	4
4705.309	11/07-12/07*	T/TH	6-6:30pm	5-6yrs	4

\*No Class 11/21 & 11/23

Material Fee: \$86 (includes uniform, gloves, patches and folder) to be paid to instructor in class. No material fee required for first class. Optional for first month, but is required for continuing students.

Fee: \$47 / Resident Discount: \$37

## Karate: Youth

Students will learn self defense techniques against grabs, punches and kicks. They will also gain confidence, strength conditioning and flexibility.

Instructor: Marieta Delacruz

Location: CCC/Hiram Morgan Hill Room

Activity #	Date	Day	Time	Age	Sessions
4705.310	09/12-10/05	T/TH	5-6pm	7-10yrs	4
4705.311	10/10-11/02	T/TH	5-6pm	7-10yrs	4
4705.312	11/07-12/07*	T/TH	5-6pm	7-10yrs	4

\*No Class 11/21 & 11/23

Material Fee: \$99 (includes uniform, gloves, patches and binder) to be paid to instructor in class. No material fee required for first class. Optional for first month, but is required for continuing students.

Fee: \$70 / Resident Discount: \$60

## Karate: Juniors & Adults

Students will learn self defense techniques against grabs, punches and kicks. They will also gain confidence, strength conditioning and flexibility.

Instructor: Marieta Delacruz

Location: CCC/Hiram Morgan Hill Room

Activity #	Date	Day	Time	Age	Sessions
4705.313	09/12-10/05	T/TH	6:30-7:30pm	11yrs+	4
4705.314	10/10-11/02	T/TH	6:30-7:30pm	11yrs+	4
4705.315	11/07-12/07*	T/TH	6:30-7:30pm	11yrs+	4

\*No Class 11/21 & 11/23

Material Fee: \$99 (includes uniform, gloves, patches and binder) to be paid to instructor in class. No material fee required for first class. Optional for first month, but is required for continuing students.

Fee: \$70 / Resident Discount: \$60



## Special Holiday Activities

### Halloween Dance Party

Come and enjoy the fun activities provided by the Coolest Recreation Leaders in town! There will be face painting, animal balloons, snacks, entertainment, a costume contest and much more. Space is limited to the first 45 children to sign up. Children under 1 year of age are free with a sibling. Bring your own camera.

Location: CCC/El Toro Room



Activity #	Date	Day	Time	Age	Sessions
4211.301	10/13	F	3:30-5:30pm	0-11yrs	1

Fee: \$30 / Resident Discount: \$20

Second Sibling Discount: 10% off

### Santa's Hotline

Would your child like to talk to Santa and tell him what they want for Christmas? If so, stop by the Community and Cultural Center and complete the Hotline to Santa Request Form between November 1st and 30th. Santa will call your child on Wednesday, December 6th, between 6-8pm.

Activity #	Date	Day	Time	Age	Sessions
4311.301	12/6	W	6-8pm	any	1

Fee: \$9 / Resident Discount: \$6

Additional Child: \$3

### Snack Time with Santa

Come and enjoy a sweet snack with Santa in celebration of the Holidays. One picture with Santa, snacks and drinks will be provided. Space limited to the first 45 children to sign up. Optional, bring your own camera for additional photos.

Children under 1 year of age with sibling are free

Location: CCC/Children's Pavilion

Activity #	Date	Day	Time	Age	Sessions
4311.302	12/14	TH	3:30-5:30pm	1-11yrs	1

Fee: \$30 / Resident Discount: \$20

Second Sibling discount: 10%



### Home Visits From Santa

Santa is coming to visit you at your house in Morgan Hill. Each visit is recommended for up to 6 children and will include 15 minutes with Santa. Each additional child above the 6 participants included will be charged \$5 per child - maximum of 10 children per visit. Best suited for children ages 1 to 10 years old. Please fill out the information form when registering.

Activity #	Date	Day	Time	Age	Sessions
4311.303	12/07	TH	5:30pm	1-10yrs	1
4311.304	12/07	TH	6:00pm	1-10yrs	1
4311.305	12/07	TH	6:30pm	1-10yrs	1
4311.306	12/13	W	5:30pm	1-10yrs	1
4311.307	12/13	W	6:00pm	1-10yrs	1
4311.308	12/13	W	6:30pm	1-10yrs	1
4311.309	12/15	F	5:30pm	1-10yrs	1
4311.310	12/15	F	6:00pm	1-10yrs	1
4311.311	12/15	F	6:30pm	1-10yrs	1

Resident Discount: \$70

Each Additional Child: \$5 (Above the 6 included)

### RECREATION YOUTH SCHOLARSHIPS

Youth scholarships are available for any resident youth under 18 years of age who register for recreation classes and need assistance with the registration fee. Families must meet the low to moderate income standards for their family size.



Celebrating Morgan Hill's 100th Birthday.

**Save the Date!**  
**Saturday, October 21**

## JUST 4 TEENS!

### NEW!

### Animal Balloon Making

Animal balloons are usually seen as an entertaining activity for young kids, but they can also brighten someone's day, regardless of age or gender. Put a smile on someone's face by learning the basics of making animal balloons from our Recreation Coordinator. She has been a balloon artist for over 10 years.

Instructor: Chiquy Mejia

Location: CCC/Machado Room

Activity #	Date	Day	Time	Age	Sessions
3106.301	9/19	T	5-7pm	12-18yrs	1
3106.302	10/17	T	5-7pm	12-18yrs	1
3106.303	11/14	T	5-7pm	12-18yrs	1

Material Fee: \$15 for twister balloons & hand pump due to instructor the first day of class.

Fee: \$35 / Resident Discount: \$25

### S.A.T. Preparation

Tips + practice + personalized feedback = a higher score on one of the most important exams of a student's life. Students will learn the basic concepts of all 3 SAT sections: Critical Reading, Writing, and Math. Each session includes a mini-practice exam - graded with personalized feedback from the instructor.

Instructor: David Wang

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
3310.301	09/12-10/10	T	4-6pm	14+	5
3310.302	10/17-11/14	T	4-6pm	14+	5

Fee: \$119 / Resident Discount: \$109



### Join the Youth Advisory Committee

Meetings every first Monday of the month at 5pm at the Community and Cultural Center (CCC) and in November 2006 at the new Centennial Recreation Center (CRC) - Teen Wing.

Come and participate in the decision making for the different teen programs that you want to see happening at the new CRC - Teen Wing, including the new permanent Skate/BMX Park. Coming Events: CRC - Teen Wing, and Skate/BMX Park "Grand Opening", October 28, 2006; free Halloween Movie Night; Friday, October 20, 2006; and Fashion Show, Saturday, November 4, 2006.

Information: Chiquy Mejia, Recreation Coordinator at the CCC at 782-0008 ext. 508.

### S.A.T. Math Review

Students will receive a more in-depth and comprehensive review of all 4 math topics covered by the SAT. Sample problems - both multiple choice and "grid-ins" - will be demonstrated in class. Practice exam sections will be given and graded in class, and personalized feedback will be given to the students.

Instructor: David Wang

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
3310.303	11/21-12/12	T	4-6pm	14+	4

Fee: \$99 / Resident Discount: \$89

### Tennis: Teen Beginner/Intermediate

This class is for the beginning and intermediate player. Basic fundamentals and skill development will be emphasized. Bring a tennis racket and dress appropriately. Space is limited, so sign up now!

Instructor: Mike Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
3704.301	9/13-10/18	W	4:30-5:30pm	13-18yrs	6
3704.302	10/25-11/29	W	4:30-5:30pm	13-18yrs	6

Fee: \$64 / Resident Discount: \$54

### Teen Tennis League

The junior program is designed for the individual who already knows how to play the game. He/she should be able to hit balls and rally consistently with a partner. The emphasis of the program is skill development and preparation for match play with the goal to prepare the Juniors for USA Team Tennis play by the spring of 2006. Bring a tennis racket and dress appropriately.

Instructor: Mike Myers

Location: Community Park Tennis Courts, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
3704.309	9/14-10/19	TH	4:30-5:30pm	13-18yrs	6
3704.310	10/26-12/07*	TH	4:30-5:30pm	13-18yrs	6

\*No Class 11/23

Fee: \$82 / Resident Discount: \$72

## YOUTH GROUPS AND ORGANIZATIONS

*Need a meeting room for your youth group?*

You are cordially invited to enjoy a beautiful, comfortable meeting room at the Morgan Hill Community and Cultural Center.

Girl or Boy Scouts, and youth clubs are welcome under adult supervision. There is a \$1.00 fee per person. Room reservations must be made in advance and are subject to availability. Please contact Debbie Lazzarino at (408) 782-0008 ext. 507 to schedule your room.

## ART

### NEW!

### Digital Photography

In this hands-on course, learn basic digital photography and lighting tips, how digital and film photography differ, how to archive photos using online storage services, where to print, and how to share your digital pictures with others. Bring your camera, manual, and memory card to class. Wireless internet is available.

Instructor: Kelly Abbott

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
3105.301	10/04-10/25	W	6-8pm	16yrs+	4

Material Fee: \$30 (optional) payable to the instructor at the first class.

Fee: \$69 / Resident Discount: \$59

### Drawing

Draw out your hidden talent with an introduction to drawing for beginners and intermediate students. We will have exercises with shadow and shade. Projects will include still-life, the body, hand, perspective, landscapes and finally portraits. Time permitting an introduction to pastels will also be included.

Location: CCC/Diana Murphy Room

Activity #	Date	Day	Time	Age	Sessions
3101.301	09/14-10/19	TH	12:30-2:30pm	13yrs+	6
3101.302	09/14-10/19	TH	6-8pm	13yrs+	6
3101.303	11/02-12/14*	TH	12:30-2:30pm	13yrs+	6
3101.304	11/02-12/14*	TH	6-8pm	13yrs+	6

\* No Class 11/23

Material Fee: \$15 payable to the instructor at the first class.

Fee: \$94 / Resident Discount: \$84

### Design w/ Flowers

Learn to identify, care and use fresh or dry flowers to display in your home. This class will review the basic principles and elements of floral design.

Instructor: Nasreen Ahmed

Location: CCC/Diana Murphy Room

#### Ikebana

Activity #	Date	Day	Time	Age	Sessions
3302.301	10/09-10/30M		10am-12pm	14yrs+	4

Material Fee: \$21 payable to the instructor at the first class

#### Basic/Intermediate Fresh Floral (holiday designs)

Activity #	Date	Day	Time	Age	Sessions
3302.302	11/08-12/06*	W	6-8pm	14yrs+	4

\*No Class 11/22

Material Fee: \$27 payable to the instructor at the first class.

Fee: \$49 / Resident Discount: \$39



### Wheel Thrown Ceramics

Use the potters wheel to create a cup or a bowl? This class focus teaches throwing techniques used on the wheel. It is open to all levels from beginner to advance. Bring your tools and a towel.

Instructor: Franka Reuter

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
3102.301	09/14-11/16	TH	5:30-8pm	14yrs+	10

Material Fee: \$10 for a 10 lb. bag of clay due at registration.

Fee: \$135 / Resident Discount: \$125

### Open Lab Ceramics

Students and non-students alike may drop-in and work on pottery projects. You may use the pottery wheels and kiln by checking in with the ceramics room attendant. Only experienced participants may attend this open lab, it is NOT a class. You may NOT bring your own clay or glazes. Clay and glazes are available for purchase.

Location: CCC/Poppy Jasper Room

Activity #	Date	Day	Time	Age	Sessions
N/A	09/19-11/28	T	6-8pm	14yrs+	10

Fee: \$3 per hr / Student Discount: \$2 per hr (students enrolled in the wheel thrown ceramics class listed above.)

## DANCE

### NEW!

### Beginning Salsa

Salsa is the hottest dance craze around, and now you can join the fun! Learn fun steps and great moves in an upbeat atmosphere. Partner is encouraged but not required.

Instructor: Nick & Katherine Eastvold

Location: CCC/El Toro Room

Activity #	Date	Day	Time	Age	Sessions
3203.301	09/12-11/14	T	7:30-8:30pm	18yrs+	10

Fee: \$130 / Resident Discount: \$120

### Ballroom Dancing: Smooth

Ballroom is back, and you're invited to join the fun! This fall you'll learn the basics of ballroom's smooth dances: waltz, foxtrot, tango and more. No partner required!

Instructor: Nick & Katherine Eastvold

Location: CCC/El Toro Room

Activity #	Date	Day	Time	Age	Sessions
3202.301	09/12-11/14	T	6:30-7:30pm	18yrs+	10

Fee: \$130 / Resident Discount: \$120



**NEW!****Ballroom Dance: Social**

Practice your new steps & renew your old ones while meeting new people. This open dance is for everyone- newcomer to advanced. The third Friday of the month, lesson at 7pm., dance 7:30-9pm. No partner required!

Instructor: Nick & Katherine Eastvold.

Location: CCC/EI Toro Room

Activity #	Date	Day	Time	Age	Sessions
3202.303	09/15	F	7-9pm	18yrs+	1
3202.304	10/20	F	7-9pm	18yrs+	1
3202.305	11/17	F	7-9pm	18yrs+	1
3202.306	12/15	F	7-9pm	18yrs+	1

Fee: Singles \$10 / Doubles: \$18 (per night)

**Belly Dancing: Beginning & Intermediate**

Students will learn step combinations and a more advanced finger cymbal pattern. Students will study the basic elements of drum solo and will learn a drum solo choreography. The instructor specializes in sword dancing and will teach the students the basic elements of balancing the sword.

Instructor: Laurel Sills

Location: CCC/Mira Monte Room

**Beginning**

Activity #	Date	Day	Time	Age	Sessions
3201.301	09/11-10/16	M	6-7pm	13yrs+	6
3201.302	11/06-12/11	M	6-7pm	13yrs+	6

**Intermediate**

Activity #	Date	Day	Time	Age	Sessions
3201.303	09/11-10/16	M	7-8pm	13yrs+	6
3201.304	11/06-12/11	M	7-8pm	13yrs+	6

Fee: \$70 / Resident Discount: \$60

**NEW!****Argentine Tango - Basic Elements**

An introductory class providing leading and following techniques in Argentine Tango: Fundamental characteristics including the tango embrace, smooth walk, basic parallel and crossing steps, ochos, boleos and simple combinations. Singles and couples welcome. Class instruction is from 6:30-7:30pm and dance practice is from 7:30-8pm.

Instructor: Sue Lindenberg

Location: CCC/EI Toro Room

Activity #	Date	Day	Time	Age	Sessions
3207.301	09/13-10/23	W	6:30-8pm	18yrs+	7
3207.302	11/01-12/20*	W	6:30-8pm	18yrs+	7

\*No Class 11/22

Fee: \$105 / Resident Discount: \$95

**NEW!****Hula & Tahitian Dance**

Come join this fun class for beginners.

Tahitian and Hula dance are very graceful and beautiful dances that have meaning with each movement.

While dancing you are toning all muscles in your body and telling a story. The moves in the class are repetitive and will be taught slowly.

Come feel the Tahitian & Hawaiian spirit through the magic of dance

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
3205.301	09/14-12/07*	TH	7:10-8:10pm	14yrs+	12

\*No Class 11/23

Fee: \$166 / Resident Discount: \$156

**NEW!****Tap Dance**

Its time to dance! Come out and join our beginning adult tap class and develop rhythm, coordination and balance. You will learn basic tap steps, combinations and terminology.

Instructor: Dance Force Staff

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
3208.301	09/12-11/28	T	7-8pm	14yrs+	12

Fee: \$166 / Resident Discount: \$156

**Afro Jazz - Fusion**

Dancers, don't miss this one time only Brazilian African dance workshop which combines jazz (Bossa-Nova) and elements of modern dance. Caio uses a variety of music from Brazil. Jazz (Bossa-Nova) is an exciting and ever evolving dance form full of rhythm, syncopation, passion and life. Steeped in the rhythm of jazz music, a true art form, afro-brazilian dance brings energy and life to all those who dance it. Classes explore body isolations of the head, shoulders, ribcage, feet and arms and encourage individual expression and the development of personal style. [www.caionunes.com.br](http://www.caionunes.com.br)

Instructor: Caio Nunes

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
3209.301	11/3	F	6-8pm	8yrs+	1

Fee: \$25 / Resident Non-resident \$35



## ENRICHMENT

### NEW!

### Earthquake & Natural Disaster Training

Learn skills that will benefit you for a lifetime! This course provides simple guidelines that will help you prepare your home and family for earthquakes and other emergencies. Topics include Personal supplies, gas and electric safety, communications, fire safety and where to obtain information or assistance during disasters. Please pre-register for this class.

Instructor: Ken Foot

Location: Police Department, Morgan Hill

Activity #	Date	Day	Time	Age	Sessions
3313.301	09/16	S	9am-12pm	13yrs+	1
3313.302	10/25	W	6-9pm	13yrs+	1
3313.303	12/02	S	9am-12pm	13yrs+	1

Free Class

## MUSIC

### Guitar: All Levels

A fun class for learning guitar chord and picking at all levels. Please bring your nylon string guitar to class.

Instructor: Phil Vargas

Location: CCC/Children's Pavilion

Activity #	Date	Day	Time	Age	Sessions
3204.301	09/11-10/16	M	6-7pm	11yrs+	6
3204.302	11/06-12/11	M	6-7pm	11yrs+	6

Material Fee: \$20 payable to the instructor at the first class.

Fee: \$86 / Resident Discount: \$76

## SPORTS

### Adult Softball League

The Fall Softball Manager's Meeting will be held at the Community & Cultural Center on Tuesday, September 12, at 7pm. Leagues will begin playing on the following nights: Tuesday, 9/19 Advanced; Wednesday, 9/20 Novice and Thursday, 9/21 Intermediate. Registration deadline for returning teams is September 8th. New team roster deadline and registration is September 15th. Remember to register as soon as possible; only 6 teams per league. For more information contact Gabriel Rodriguez at (408) 771-8318 or spidermaze@aol.com. Schedules available online at: [www.quickscores.com/morganhill](http://www.quickscores.com/morganhill). Sports Coordinator: Gabriel Rodriguez

Fee: \$550 per team (This fee will cover all costs for fields, umpires, equipment and scorekeeper.)

Activity# 3703.301

Congratulations to the following league champions of the Adult Softball League Spring 2006 season!

**Novice - Box Seat coached by Kevin Fitzgibbons**

**Intermediate - Sandbaggers coached by Mike Leslie**



## Adult Golf

Learn one of the fastest growing sports in America....Golf! During this five week program, golf professional Scott Krause, will teach golf techniques from putting to the full swing. This class fills up fast, register early! Golf clubs will be furnished or you are welcome to bring your own clubs.

Instructor: Scott Krause

Location: Eagle Ridge Golf Course, Gilroy

Activity #	Date	Day	Time	Age	Sessions
3702.301	09/16-10/14	SA	11am-12pm	18yrs+	5
3702.302	09/24-10/22	SU	12pm-1pm	18yrs+	5
3702.303	10/28-12/02*	SA	11am-12pm	18yrs+	5
3702.304	11/05-12/10*	SU	12pm-1pm	18yrs+	5

\*No class 11/25 & 11/26

Fee: \$89 / Resident Discount: \$79

## Tennis: All Levels

Instructor: Michael Myers

Location: Community Park Tennis Courts, Morgan Hill

### Adult Beginning

Activity #	Date	Day	Time	Age	Sessions
3704.303	09/12-10/17	T	9-10am	18yrs+	6
3704.304	10/24-11/28	T	9-10am	18yrs+	6

### Adult Beginning/Intermediate

Activity #	Date	Day	Time	Age	Sessions
3704.305	09/13-10/18	W	6-7pm	18yrs+	6
3704.306	10/25-11/29	W	6-7pm	18yrs+	6

### Adult Intermediate

Activity #	Date	Day	Time	Age	Sessions
3704.307	09/12-10/17	T	10-11am	18yrs+	6
3704.308	10/24-11/28	T	10-11am	18yrs+	6

Fee: \$70 / Resident Discount: \$60

## Tennis: Private Lessons

These lessons are for individuals and/or small groups (1-6), who prefer individual attention and instruction that is not available in a large class setting. Please call (408) 782-0008 to get more information.

Instructor: Michael Myers

½ Hour Lesson: \$25 / Hour Lesson: \$50 per person

## HEALTH & FITNESS

### NEW!

### Qi Gong: Level III

This class is for students previously enrolled in Qi Gong exercises that want to attain a high level of instruction..

Instructor: Janette Carver

Location: CCC/Children's Pavilion

Activity #	Date	Day	Time	Age	Sessions
3410.301	09/28-11/02	TH	6:30-7:30pm	13yrs+	6

Fee: \$52 / Resident Discount: \$42

## Yoga: All Levels

Yoga is a great way to relax as well as build strength and flexibility. You will feel revitalized and relaxed in any of the yoga classes listed before. Select the one best for you.

Instructor: Eileen Sendrey

Location: CCC/Mira Monte Room

### Easy Does It Yoga

Activity #	Date	Day	Time	Age	Sessions
3404.301	09/13-10/04	W	7-8pm	12yrs+	4
3404.302	10/11-11/01	W	7-8pm	12yrs+	4
3404.303	11/08-12/06*	W	7-8pm	12yrs+	4
3404.304	09/15-10/13*	F	10-11am	12yrs+	4
3404.305	10/20-11/10	F	10-11am	12yrs+	4
3404.306	11/17-12/15*	F	10-11am	12yrs+	4

\*No class 9/22, 11/22 & 11/24

### Yoga

Activity #	Date	Day	Time	Age	Sessions
3404.307	09/11-10/04	M/W	9-10am	12yrs+	4
3404.308	10/09-11/01	M/W	9-10am	12yrs+	4
3404.309	11/06-12/04*	M/W	9-10am	12yrs+	4

\*No class 11/22

### Prenatal Yoga

Activity #	Date	Day	Time	Age	Sessions
3404.310	09/11-10/2	M	6:30-8:30pm	N/A	4
3404.311	10/9-10/30	M	6:30-8:30pm	N/A	4
3404.312	11/6-11/27	M	6:30-8:30pm	N/A	4
3404.313	12/4-12/18	M	6:30-8:30pm	N/A	3

Fee: \$55 / Resident Discount: \$45 (1 class/wk)

Fee: \$78 / Resident Discount: \$68 (one 2 hr class or two 1 hr classes/wk)

Fee: \$61 / Resident Discount: \$51 (2 hr class/3 wks)

## Pilates

Pilates is a low intensity, calorie-burning workout that can help you lose unwanted pounds and inches while firming, strengthening and toning more muscles than ordinary workouts. The result is a sleeker, more sculpted body.

Instructor: Sue-Thu.; Karen-Tue.; and Valerie-Wed.

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
3408.301	09/12-10/03	T	9-10am	13yrs+	4
3408.302	10/10-10/31	T	9-10am	13yrs+	4
3408.303	11/07-11/28	T	9-10am	13yrs+	4
3408.304	12/05-12/19	T	9-10am	13yrs+	3
3408.305	09/13-10/04	W	6-7pm	13yrs+	4
3408.306	10/11-11/01	W	6-7pm	13yrs+	4
3408.307	11/08-12/06*	W	6-7pm	13yrs+	4
3408.308	12/13-12/20	W	6-7pm	13yrs+	2
3408.309	09/14-10/05	TH	9-10am	13yrs+	4
3408.310	10/12-11/02	TH	9-10am	13yrs+	4
3408.311	11/09-12/07*	TH	9-10am	13yrs+	4
3408.312	12/14-12/21	TH	9-10am	13yrs+	2

\*No Class 11/22 & 11/23

Fee: \$55 / Resident Discount: \$45 (1 class/wk)

Fee: \$78 / Resident Discount: \$68 (2 classes/wk)

Fee: \$44 / Resident Discount: \$34 (1 class/wk for 3 wks)

Fee: \$33 / Resident Discount: \$23 (1 class/wk for 2 wks)

## T-Tapp Fitness

T-Tapp is a series of copyrighted, movements designed to put the body in proper functional alignment. Its sequence of compound muscle movement increases strength and flexibility of the spine, better neuro-kinetic flow, lymphatic function and increases metabolism and delivers a challenging workout for all fitness levels!

Instructor: Karen Seraphine

Location: CCC/Mira Monte Room or Children's Pavilion

Activity #	Date	Day	Time	Age	Sessions
3312.301	09/11-10/09*	M/W	12:15-1:15pm	13yrs+	4
3312.302	10/16-11/08	M/W	12:15-1:15pm	13yrs+	4
3312.303	11/20-12/13	M/W	12:15-1:15pm	13yrs+	4
3312.304	09/12-10/10*	T/TH	6-7pm	13yrs+	4
3312.305	10/17-11/09	T/TH	6-7pm	13yrs+	4
3312.306	11/21-12/19*	TTH	6-7pm	13yrs+	4

\*No Class 10/02, 10/05 & 11/23

Material Fee: \$70 (optional one time fee) payable to the instructor at the first class.

Fee: \$78 / Resident Discount: \$68

## SELF-DEFENSE

## Karate: Juniors & Adults

Students will learn self defense techniques against grabs, punches and kicks. They will also gain confidence, strength conditioning and flexibility.

Instructor: Marieta Delacruz

Location: CCC/Hiram Morgan Hill Room

Activity #	Date	Day	Time	Age	Sessions
4705.313	09/12-10/05	T/TH	6:30-7:30pm	11yrs+	4
4705.314	10/10-11/02	T/TH	6:30-7:30pm	11yrs+	4
4705.315	11/07-12/07*	T/TH	6:30-7:30pm	11yrs+	4

\*No Class 11/21 & 11/23

Material Fee: \$99 (includes uniform, gloves, patches and binder) to be paid to instructor in class. No material fee required for first class. Optional for first month, but is required for continuing students.

Fee: \$70 / Resident Discount: \$60

## Women's Self-Defense Class

This class stresses mental and verbal defense techniques and promotes self-awareness for common life situations. Through discussion and role playing, students foster confidence and build verbal skills and physical escape techniques are also taught. Techniques are reviewed and new ones taught each class. Wear comfortable clothing and bring bottled water.

Instructor: Marieta Delacruz

Location: CCC/Mira Monte Room

Activity #	Date	Day	Time	Age	Sessions
3705.301	10/14	SA	11am-1pm	13yrs +	1

Material Fee: \$28 (optional workbook) due to instructor.

Fee: \$38 / Resident Discount: \$28

## Composting Workshop

Individuals will discover the benefits of gardening using their own compost. Classes are FREE and are held at the YMCA. To register, call 918-4640

Activity #	Date	Day	Time	Loc
N/A	09/09	S	10am-12pm	YMCA
N/A	10/11	W	7-9pm	YMCA
N/A	11/11	S	10am-12pm	YMCA



# MORGAN HILL AQUATICS CENTER

16200 Condit Road, Morgan Hill  
(408) 782-2134

## Fall/Winter 2006 Classes and Programs

The Morgan Hill Aquatics Center is offering a limited number of classes and programs for the Fall/Winter 2006, season. We hope that you will find that these will fulfill your needs for the season.

## Adult Programming

### Masters Lap Swim Program

Structured coached workouts and lap swimming for adults, 18 years of age and over, this program includes technique and stroke refinement, endurance, strength, speed and over all skill improvement.

Monthly (Begins September 11th)

M-F 5:00-8:00 a.m.

M/W/F 5:00-7:00 p.m.

T/Th 11:30a.m.-1:30p.m.

Sat 7:00-10:00a.m.

Resident \$45.00 per month

Non-Resident \$55.00 per month

Masters Fee: \$35.00 per year for U.S. Masters Registration

### Tri-Athlete Training

This class offers instruction and coaching in advanced swimming techniques for tri-athletes and other adults. Individual and small group coaching is designed to improve swimming efficiency (primarily freestyle for tri-athletes). Instructional times will be arranged as a group with the instructor, with 4-5 classes scheduled per month. The fees below include a Masters Lap Swim monthly pass and will require registration with Pacific Masters Swimming (\$35 annual fee).

\*\*For those whose Masters Lap Swim Pass and Tri-Athlete Fees do not have matching expiration dates, a pro-rated fee will be charged.

Resident \$80.00 per month

Non-Resident \$90.00 per month



**Registration  
begins Monday,  
August 14!**

Morgan Hill Aquatics  
Center only  
accepts walk-in  
registrations.

## Coed Aquatic Fitness Classes

**Shallow Tone:** This Shallow Water class is designed to accommodate all fitness levels. With a combination of cardiovascular conditioning, toning techniques, and strengthening exercise, this class will provide you with a total body workout minus the effect from hard surfaces. Aqua socks or tennis shoes are recommended.

September 11 - November 17 Activity# 3600.100  
M/W/F 8:00-9:00 a.m.  
Resident \$105.00  
Non-Resident \$115.00

September 11 - November 15 Activity# 3600.101  
M/W 5:45-6:45 P.M.  
Resident \$70.00  
Non-Resident \$80.00

**Deep H2O Dynamics:** This class is designed for more proficient swimmers, and is taught in 7 feet of water. Deep water aerobics with the assistance of cuffs and hand buoys will increase flexibility, strength, cardiovascular endurance, balance and motor coordination in a non-impact environment.

September 11 - November 17 Activity# 3700.100  
M/W/F 12:00-1:00 p.m.  
Resident \$105.00  
Non-Resident \$115.00

September 12 - November 16 Activity# 3700.101  
T/Th 5:45-6:45 p.m.  
Resident \$70.00  
Non-Resident \$80.00

ADD AN ADDITIONAL TWO DAY PER WEEK CLASS FOR \$45.00

## Youth Programming

### Wetball

This program is designed to introduce children to the basic skills of water polo with an emphasis on fun and participation. Wetball participants practice in the shallow pool, so strong swimming skills are not necessary. Wetball is accessible for children ages 5-10 years.

September 12 - November 16    Activity# 4700.100  
T/Th    5:00-6:00 p.m.  
Resident    \$70.00  
Non-Resident    \$80.00



### Private Swim Lessons

Private swim lessons for ages 3 years through adult, and for any level of ability, are available in a 4 week session. Instruction is geared toward the individual student's ability. The private swim lessons are offered as an eight class session that is thirty minutes in length per class. The sessions are either M/W or T/TH over four weeks. One student/participant is enrolled in the entire eight class session. The Morgan Hill Aquatics Center does not accept rescheduling of missed classes for this program.

Registration for these classes is on a first come, first served basis.



September 11 - October 4	
M/W    9:00-9:30 a.m.	Activity# 4500.100
9:30-10:00 a.m.	Activity# 4500.101
4:00-4:30 p.m.	Activity# 4500.102, 4500.103
4:30-5:00 p.m.	Activity# 4500.104, 4500.105
5:00-5:30 p.m.	Activity# 4500.106, 4500.107
5:30-6:00 p.m.	Activity# 4500.108, 4500.109
6:00-6:30 p.m.	Activity# 4500.110, 4500.111
September 12 - October 5	
T/Th    4:00-4:30 p.m.	Activity# 4501.102, 4501.103
4:30-5:00 p.m.	Activity# 4501.104, 4501.105
5:00-5:30 p.m.	Activity# 4501.106, 4501.107
5:30-6:00 p.m.	Activity# 4501.108, 4501.109
6:00-6:30 p.m.	Activity# 4501.110, 4501.111

Resident    \$215.00  
Non-Resident    \$240.00

### Fun 'N' Fit Swim Conditioning

This is an introductory program, for ages 5-17 years, leading to potentially joining a swim team. It features:

- Everybody Wins Philosophy
- Focus on Fun
- Emphasis on the four competitive strokes
- No USA Swimming Registration is required
- Must be able to swim one length (25 yards) free-style
- No swim meet requirements

Session 1: September 11 - October 12  
M-Th    4:00-5:00 p.m.    Activity# 4600.100  
Session 2: October 16 - November 16  
M-Th    4:00-5:00 p.m.    Activity# 4600.200

Resident    \$55.00 per session  
Non-Resident    \$65.00 per session



**www.mhcrc.com**

**Facility Location**

171 West Edmundson  
Morgan Hill, CA 95037  
(408) 782-2128 (Available October)

**Membership Information**

(408) 762-6000

**Hours of Operation**

Monday - Friday: 5 a.m. -10 p.m.  
Saturday: 6:30 a.m. - 8 p.m.  
Sunday: 8 a.m. - 6 p.m.

**\*Holiday Hours**

Labor Day	Closed
Thanksgiving Day	Closed
Christmas Eve	8 a.m. -12 noon
Christmas Day	Closed
New Year's Eve	8 a.m. - 3 p.m.
New Year's Day	Closed
Easter Sunday	Closed
Memorial Day	Closed
Independence Day	Closed

\*Holiday Hours subject to change. Please call ahead to confirm.

**Centennial Recreation Center Staff**

Recreation Supervisor . . . . .	Chris Ghione chris.ghione@morganhill.ca.gov 779-7271 x 459
Assoc. Executive Director . . . . .	Malcom Myers mmyers@scvymca.org (408) 762-6018
Membership/Marketing Director	Christine Regal cregal@scvymca.org (408) 762-6012

## Centennial Recreation Center Operating Partnership

On May 3, 2006, the City Council approved an agreement with the YMCA of Santa Clara Valley to cooperatively operate the City's new Centennial Recreation Center (CRC). The CRC was built to promote multi-generational interaction and advance the physical well being of our community. As partners, the City and YMCA will provide high quality health and fitness, aquatics, youth, teen, family, and senior programs for Morgan Hill residents and the surrounding community to enjoy! The CRC is scheduled to open in October 2006 and includes a Teen Center, Senior Center, swimming pool, gymnasium, aerobic studio, and fitness center.

## About the Facility

The Centennial Recreation Center offers a wide variety of fitness, recreational, and social activities for individuals and families. The 52,000 square-foot facility offers: a fitness center with strength and cardio equipment; a group exercise studio that includes aerobics, yoga, Pilates and group cycling; a gymnasium with youth and adult open gym and leagues; Kids' Zone (babysitting while you work out); indoor pool with slide and water features; Senior Center and Senior Nutrition Program; Teen Center; locker rooms; and meeting rooms.

## Charter Memberships

Sign up now to become a Charter Member of the Centennial Recreation Center at the Mt. Madonna YMCA, 17666 Crest Ave. during regular office hours: Mon-Fri 8am-6pm and Sat-Sun 9am-noon. Please call (408) 762-6000 for more information. Starting September 5th, Charter Memberships will also be available at the Community & Cultural Center and the Aquatics Center during regular office hours. If you sign up before the Grand Opening on October 28, 2006, you will be a Charter Member. Charter Members receive early access to the Centennial Recreation Center, preferred sign up for swim lessons, early orientation to the fitness equipment, and a gift package that includes a gym bag, t-shirts for the whole family, and five guest passes.





## Grand Opening

Saturday, October 28

**Celebrate a Healthy Morgan Hill**



**Fitness Center**



**Exercise Classes**



**Indoor Pool**

11am  
**Ribbon Cutting Ceremony**

11:15am  
**City Council Free Throw Contest**

11:30 - 2pm  
**Activities, Tours, Membership Sales  
and much, much more!**

Join Now.  
Become a Charter Member!

Enjoy these benefits . . .

- Early facility usage
- 2 weeks FREE  
(Offer expires 10/14/06)
- Gift Package

**Sign-up at the  
Mt. Madonna YMCA**

17666 Crest Avenue, Morgan Hill

408-762-6000

[www.mhcrc.com](http://www.mhcrc.com)

## Centennial Recreation Center Membership

### Benefits of Membership

Free fitness classes  
Free lap and recreational swimming  
Free access for your children  
Free use of open gym  
Member prices for swim lessons and specialty classes  
Free access to all the YMCA of Santa Clara Valley branches  
Use of YMCA facilities around the country while traveling

### Here's how you can get involved:

You can come to the Senior or Teen Center(s) for free.  
You can join the fitness facility as an individual or family member.  
You can pay to sign up for a specific class.  
You can buy a Day Pass for a single visit.

### Membership Categories

**Adult:** Includes one adult and all children up through the age of 21 living at the same address. Access all hours, all core programs.

**Family:** Two adults and all children up through the age of 21 living at the same address. Access all hours, all core programs.

**Special Hours:** One adult, designed for seniors and those with flexible schedules. Access 10 a.m. to 4 p.m. weekdays, and any time on the weekends. Access all core programs during these hours.

**Adult Plus:** Additional adult, ages 19 or older, living at the same address. Access all hours, all core programs.

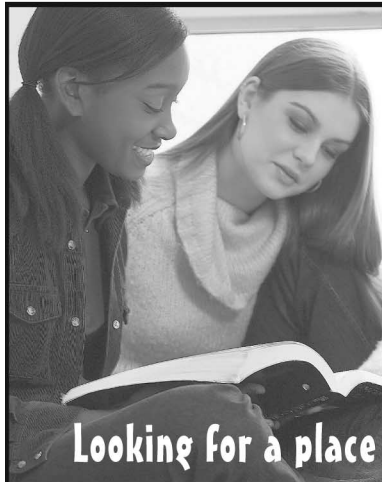
**Youth/Teen:** One teen, ages 13 - 18. Access all hours, all core programs.

Type	Member (resident)	Member (non-resident)	Non-member (resident)	Non-member (non-resident)
Membership Processing Fee	\$50-Adult \$75-Family	\$50-Adult \$75-Family	-	-
Adult Membership	\$52/mo	\$56/mo	-	-
Family Membership	\$76/mo	\$82/mo	-	-
Special Hours	\$39/mo	\$43/mo	-	-
Adult Plus	\$35/mo	\$39/mo	-	-
Youth/Teen	\$25/mo	\$29/mo	-	-
Add-on YMCA Membership	FREE	FREE	Fee	Fee
Core class	FREE	FREE	Fee	Fee + \$10
Specialty Class	Member Fee	Member Fee+ \$10	Non-member Fee	Non-member Fee +\$10
Swim Lessons	Member Fee	Member Fee+ \$10	Non-member Fee	Non-member Fee+ \$10
Day Pass	-	-	\$7-Adult \$5-Youth	\$9-Adult \$7-Youth

#### Additional Notes Regarding Fees:

Core fitness classes and FitLinxx are free for members. The following are included with a membership:

- Group exercise classes
- Group cycling classes
- 12-week personal fitness program
- Fitness Orientation
- Open gym
- Lap swim, aqua fitness, recreational swim



### Stop by the new Teen Center to do homework, use the computers, or participate in a variety of activities.

The Center is free for all teens ages 13 years to 18 years old with a current school identification card.

We are also looking for your ideas to help us serve you better. The Youth Advisory Committee will be working to develop programs that meet your needs. Look for further information on how you can be involved!

#### The Teen Center will be open

Monday - Thursday: 3pm - 8pm

Friday: 3pm - 10pm

Saturday: 2:30 pm - 8pm

Hours are subject to change due to special events, classes, and meetings.

**Looking for a place to hang out with friends after school or on the weekends?**

## Group Exercise Classes

The CRC offers a wide variety of fitness classes. We strive to accommodate all levels of fitness. If you are new to class, please let your instructor know. She/he may recommend appropriate modifications. You are encouraged to work out at your own pace. Have fun!  
Class schedule subject to change

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
<b>Morning Classes</b>						
	5:30-6:30 am Group Cycling Julie J.	5:30-6:30 am Boot Camp Debbie C.	5:30-6:30am Group Cycling Julie J.			
7:00-8:00am Pilates	7:00-8:00am Step	7:00-8:00am Pilates	7:00-8:00am Step	7:00-8:00am Kick Boxing	7:00-8:00am Yoga(All) Dolores	
8:30-9:30am Step Terri	8:30-9:30am Group Cycling Julie J. #5408.315	8:30-9:30am Step Terri	8:30-9:30am Group Cycling	8:30-9:30am Step Julie J	8:30-9:30am Step Rotate	8:30-9:30 am Step/Aerobics
9:35-10:25 am Body Sculpt Terri	9:40-10:40 am Pilates Julie J.	9:35-10:25 am Body Sculpt Terri	9:40-10:40 am Yoga(II/III) Dolores	9:40-10:40 Yoga(II/III) Dolores	9:35-10:30 am Boot Camp	
10:30-11:30 am Yoga Terri	11:00-12:00pm Aerobics Lite	10:30-11:30 am Yoga Terri	11:00-12:00pm Aerobics Lite	11:00-12:00pm Stretch/Flex		
12:00-12:45 pm Step Marilynn	12:00-1:00pm Yoga(II/III) Dolores	12:00-12:45 pm Step Marilynn	12:00-12:45 pm Body Sculpt Marilynn	12:00-12:45 pm Step Julie J.		
1:00-2:00pm Lo Impact Arthritis Marilynn		1:00-2:00pm Lo Impact Arthritis Marilynn	1:00-2:00pm Stability Ball Marilynn			
<b>Evening Classes</b>						
5:30-6:30pm Group Cycling	5:30-6:30pm Step	5:30-6:30pm Yoga / Dolores	5:30-6:30pm Step	5:30-6:30pm Group Cycling	<b>Facility Hours</b> Monday to Friday: 5:00am-10:00pm Saturdays: 6:30am-8:00pm Sundays: 8:00am-6:00pm	
6:35-7:30 pm Step	6:35-7:30 pm Kick Boxing Monica	6:35-7:30 pm Step	6:35-7:30pm Kick Boxing	6:35-7:30pm Step		
7:35-8:35pm Group Cycling	7:35-8:30pm Yoga/Pilates	7:35-8:30pm Group Cycling	7:35-8:30pm Yoga/Pilates			

## Class Descriptions

**Aerobics Lite** - If you want a slower paced workout this is the class for you! You are encouraged to work out at your own pace. This is a great class for beginners or active older adults.

**Body Sculpt** - An exciting class incorporating exercises to help strengthen and tone all major muscle groups.

**Boot Camp** - Enjoy a full body workout that allows you to be challenged as much as you want to be. A unique blend of intense cardio training and muscle conditioning exercises. Run, jump, leap, shuffle, pump, and push your way to better fitness with this class designed to provide the ultimate in agility and cross training.

**Group Cycling** - Non-impact class conducted on a stationary bike. Appropriate for all levels. Go at your own pace and make it as challenging as you like.

**Kick Boxing** - Kick, punch, jab, and power your way through this cardiovascular and muscular endurance workout.

**Lo Impact Arthritis** - This class is approved by the Arthritis foundation. Instructor is certified with both the YMCA and the Arthritis

Foundation. This class will focus on keeping the joints flexible, keeping muscles around the joints strong, and improving overall health and fitness.

**Pilates** - A mat-based workout that will strengthen and lengthen your muscles; helps improve posture, enhance stability, increase core muscle strength and improve flexibility.

**Stability Ball** - This class utilizes the stability ball with a Pilates approach to core strengthening, conditioning, stability and balance improvement.

**Step** - This low impact, high intensity class is designed to enhance cardio-respiratory endurance. Adjustable height benches accommodate multiple fitness levels and allow you to control your own intensity.

**Yoga** - A class designed to increase flexibility, relieve stress, improve mental concentration, and achieve greater body awareness.

**Yoga II & III** - This class is for students who have been practicing yoga regularly. Students must be ready to practice inversions, backbends and arm balances.



## Fitness Center

Our fitness center offers strength equipment, cardiovascular equipment that includes treadmills, elliptical machines, stationary bikes, and free weights. Certified, professionally trained staff are available to assist you and help you reach your fitness goals.

### New Member Orientation

One of the premium benefits of joining the Centennial Recreation Center as a member is the opportunity to learn how to use our fully equipped fitness center to your best advantage. All Centennial Recreation Center Facility Members are offered a free one-on-one orientation with our trained fitness coaches. Make your appointment today at the Welcome Center!

### 12-week Personalized Fitness Program

Exercise is the key to a healthy lifestyle. The 12-week Personalized Fitness Program is designed for new or returning exercisers. This program gradually leads facility members to a new level of fitness. Exercise is a major component of a healthy lifestyle. Make your appointment today at the Welcome Center. Available only to facility members for free.

### \*Kids' Zone (Babysitting while you work out)

Ages: 6 weeks - 12 years

Fee: Free for Facility Members; please show membership card to Kids' Zone staff.

Fee: Drop-in fee for non-members \$4 per child; register at Welcome Center and bring token to Kids' Zone.

Hours: Monday - Friday, 8:30 a.m. - 12 noon, 4 p.m. - 8 p.m.  
Saturday, 8:30 a.m. - 12 noon

\*Parent/guardian must remain in the building at all times

## Gymnasium

The Centennial Recreation Center offers a full-court gymnasium. The gymnasium is available for Open Gym, volleyball, basketball, badminton, and Youth and Adult Sports Leagues. Please check with the Welcome Center for gymnasium schedule. Both Youth and Adult Basketball Leagues will begin in January 2007. The gym is also available for after hour rentals.

## Specialty Classes

### \*Personal Training

Our personal training program is individualized and specifically tailored to your needs. Our certified trainers will guide you through a customized program, which will get you the results you need in the fastest and most effective way possible. You will be instructed in all components necessary to alter body composition, the use of proper bio-mechanics, anatomy, physiology, proper nutrition and much more. For more information or to register please contact the Welcome Center.

Fees: \$60 per session (individual sessions)

\$300 (6-session package @ \$50 per session)

\$480 (12-session package @ \$40 per session)

\*Personal training is only available for Centennial Recreation Center Facility Members.

### Weight Training for Women (WTFW)

This six-week, one-hour class is an intensive group experience using strength training equipment and free weights. Topics such as anatomy, physiology, fat loss and cardiovascular conditioning will be discussed. This course gives you the opportunity to work out next to a trainer so personalized instruction is guaranteed. This class also gives you an opportunity to meet other people. For more information or to register, please see the Welcome Center.

Session: November 13 - December 18 (six weeks)

Day: Mondays

Time: 11 a.m.

Fees: Facility Member resident: \$45

Facility Member non-resident: \$55

Non-member resident : \$90

Non-member non-resident: \$100

Activity# 5412.301

### Youth Strength Training (Ages 11-13)

This four-week program is designed to introduce youth how to work out safely with selected equipment, cardiovascular machines, and the FitLinx system. The course provides instruction and education for youth interested in using the fitness center. Upon completion of the program, they will be issued a special Centennial Recreation Center access card that must be carried with them at all times in the fitness center. Once the class is completed, access to the fitness center will be limited and adult supervision required. For more information, please contact the Welcome Center.

Session: November 15-December 6

Day: Wednesdays

Time: 3:30 - 4:30 p.m.

Fees: Facility Members: FREE

Non-member residents: \$80

Non-member non-residents: \$90

Activity# 5413.301

## Youth Fitness (Ages 7 - 10)

This class will emphasize exercise, activities, and sports. Basketball, volleyball, badminton, indoor soccer, shuttle run, swimming, tag, calisthenics, and other group games will be incorporated in this six-week class. This class must have at least 8 youth registered.

Session: November 14 - December 21 (No class Thanksgiving)

Day: Tuesday and Thursday

Time: 3:30 - 4:30 p.m.

Fees: Facility Member resident: \$30

Facility Member non-resident: \$40

Non-member resident: \$80

Non-member non-resident: \$90

Activity# 5414.301

## Youth Dance Ages (8-12)

This is a great class for boys and girls ages 8-12 years of age. They will develop coordination, flexibility, and rhythm while learning the latest dances in a fun and positive environment.

Location: Gymnasium

Session: On-going (monthly)

Days: Thursday

Time: 5:45 - 6:30 p.m.

Fees: Facility Member resident: \$20

Facility Member non-resident: \$30

Non-member resident: \$50

Non-member non-resident: \$60

Activity# 5415.301 (November)

Activity# 5415.302 (December)

## Senior Center

The Senior Center, operated by the Mt. Madonna YMCA, provides a comfortable, fun and social environment for seniors from Morgan Hill, San Martin and Gilroy. The Senior Center is open from 10 a.m. - 2 p.m. The Center provides programs and services from Outreach and referral services to parties, card games, speakers, senior nutrition, computers, exercise and more. The Senior Nutrition Program offers delicious weekday lunches and social time. Lunches are served at 12:00 noon, register by 11:30 a.m. The Senior Aerobic Class is offered in the Senior Center on Tuesday and Friday from 10 - 11 a.m. The computer co-pilots class will teach you all you need to know about computers! Please check out our senior newsletter to learn more about our asset-building senior activities. Classes offered in the Senior Center are free unless otherwise indicated.

## Swimming Pool Program Guide

### Lap Swim

The Swimming Pool has the ability to accommodate three 20 yard lap lanes. Throughout the day, there will be a minimum of 1 lane available at all times during the pool operating schedule. The Swimming Pool operating times are as follows:

**Monday-Friday= 5:00am-9:30pm**

**Saturday= 6:30am-7:30pm**

**Sunday= 8:00am-5:30pm**

### Recreation Swim

Monday-Thursday= 1:00pm-3:30pm & 7:00pm-9:00pm

Friday= 1:00pm- 3:30 pm & 5:00pm-9:00pm (slide open 5-9)

Saturday= 12:00pm-6:30pm (slide open)

Sunday= 11:00pm-5:30pm (slide open)

### Private Swim Lessons

Private swim lessons for ages 3 years through adult, and for any level of ability, are available in a 4 week session. Instruction is geared toward the individual student's ability. The private swim lessons are offered as an eight class session that is thirty minutes in length per class. The sessions are either M/W or T/TH over four weeks. One student/participant is enrolled in the entire eight class session. The Centennial Recreation Center does not accept rescheduling of missed classes for this program.

Registration for these classes is on a first come, first served basis.

#### November 6 - December 6 M/W

(NO classes the week of Nov. 20th) Activity#

4:00-4:30 p.m. 5500.100, 5500.101

4:30-5:00 p.m. 5500.102, 5500.103

5:00-5:30 p.m. 5500.104, 5500.105

5:30-6:00 p.m. 5500.106, 5500.107

6:00-6:30 p.m. 5500.108, 5500.109

#### November 7 - December 7 T/Th

(NO classes the week of Nov. 20th)

4:30-5:00 p.m. 5501.100, 5501.101

4:00-4:30 p.m. 5501.102, 5501.103

5:00-5:30 p.m. 5501.104, 5501.105

5:30-6:00 p.m. 5501.106, 5501.107

6:00-6:30 p.m. 5501.108, 5501.109

Fees: Facility Member resident: \$215

Facility Member non-resident: \$240

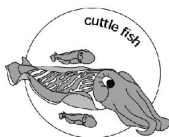
Non-member resident: \$225

Non-member non-resident: \$250



## "CUTTLE FISH" PARENT/TOT PROGRAM:

This program is designed to teach children how to become accustomed to the water through playful interaction and games. Parents learn about aquatic safety for children. These lessons take place in the zero-depth entry recreational pool specifically designed for children to overcome any fear and progressively become accustomed to the water at various depths. Parents must accompany children in the water and children must wear swim diapers which can be purchased at the Centennial Recreation Center. This class does not teach children to be accomplished swimmer or survive in the water by themselves. For participant ease, this program is divided into two classes; Cuttle Fish A and Cuttle Fish B.



- ✓ Front glide readiness with breathing
- ✓ Back glide readiness
- ✓ Introduction to alternating arm movement
- ✓ Learn basic water safety rules
- ✓ Familiarity with getting help
- ✓ Reaching assist without equipment
- ✓ Wear lifejacket on deck and enter shallow water

## Cuttle Fish A

Ages: 6 months-17 months

Prerequisites: Parent participation is required

Infant Skills Checklist:

- ✓ Water adjustment, getting wet
- ✓ Exploring the pool, holding positions
- ✓ Front kick
- ✓ Front glide, readiness, passing, drafting
- ✓ Underwater exploration, readiness, bubble blowing, scooping
- ✓ Back float, adjusting to water in back position, readiness
- ✓ Rolling over, front to back & back to front
- ✓ Arm movement, front position, combined with kicking
- ✓ Exit water, parent carrying child

## Cuttle Fish B

Ages: 18 months-35 months

Prerequisites: Parent participation is required

Toddler Skills Checklist:

- ✓ Front glide, drifting with breathing
- ✓ Underwater exploration, bobbing, opening eyes
- ✓ Arm movement on back, finning combined with kicking
- ✓ Changing positions, vertical to front & vertical to back float positions
- ✓ Kick up to surface
- ✓ Exit independently at side of pool or using ladder or stairs

## PRESCHOOL PROGRAM:

This program teaches swimming skills in several levels. There are several options in this program that allow pre-school children to continue their progress in swimming. As children become proficient at each level, they progress to the next level. The levels allow for further advancement while keeping children in classes with their peers. Children may begin at any level that best matches their swimming proficiency.

## "Clown Fish" Level I

Ages: 3-5 years

Prerequisites: No swimming skills are required. Parent participation is optional but if the parent chooses not to participate than the student must be able to take direction from the instructor.



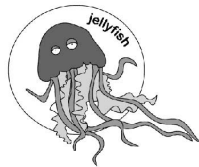
Skills Checklist:

- ✓ Enter water safely, enter using stairs and rolling over from side of pool
- ✓ Bubble blowing, opening eyes under water, underwater exploration
- ✓ Introduction to supported front float
- ✓ Introduction to supported back float
- ✓ Supported front kicking
- ✓ Supported back kicking

## "Jelly Fish" Level II

Ages: 3-5 years

Prerequisites: Clown Fish skills or the student should be comfortable in the water and able to take direction from the instructor.



Skills Checklist:

- ✓ Hold breath and fully submerge head, bobbing with controlled breathing
- ✓ Supported front float
- ✓ Supported back float
- ✓ Front glide and recover with support
- ✓ Back glide and recover with support
- ✓ Front glide with flutter kick supported
- ✓ Back glide with flutter kick supported
- ✓ Front crawl arm action
- ✓ Back crawl arm action
- ✓ Submerge and retrieve object from chest deep water
- ✓ Explore deep water with support
- ✓ Discuss role of all safety personnel
- ✓ Demonstrate reaching assist with equipment
- ✓ Demonstrate how to relieve a cramp

## "Balloon Fish" Level III

Ages: 3-5 years

Prerequisites: Jelly Fish skills

Skills Checklist:

- ✓ Rhythmic bobs (10 times)
- ✓ Unsupported front float
- ✓ Unsupported back float
- ✓ Unsupported front glide and recover (2 body lengths)
- ✓ Unsupported back glide and recover (2 body lengths)
- ✓ Front glide with flutter kick
- ✓ Back glide with flutter kick
- ✓ Front crawl arm movement and flutter kick (5 yards)
- ✓ Back crawl arm movement and flutter kick (5 yards)
- ✓ Introduction to side breathing
- ✓ Demonstrate rolling over from front glide to back glide
- ✓ Demonstrate rolling over from back glide to front glide
- ✓ Introduction to finning
- ✓ Float face up in shallow water with a lifejacket on (1 minute)
- ✓ Demonstrate assisting non-swimmer to feet
- ✓ Become familiar with rescue breathing



## "Flying Fish" Level IV

Ages: 3-5 years

Prerequisite skills: Balloon Fish skills

Skills Checklist:

- ✓ Bob in water slightly over head to safety
- ✓ Jump into deep water from side of pool
- ✓ Swim front crawl with side breathing (15 yards)
- ✓ Swim back crawl (15 yards)
- ✓ Demonstrate elementary backstroke kick
- ✓ Compact and kneeling dive from side of pool
- ✓ Treading water in deep water
- ✓ Jump into deep water with lifejackets on
- ✓ Demonstrate H.E.L.P. position (1 minute)
- ✓ Demonstrate huddle position (1 minute)
- ✓ Demonstrate correct technique for opening airway for rescue breathing



## PROGRESSIVE LEVEL PROGRAM:

This program teaches a variety of swimming skills from beginner to more advanced principles. Each level builds upon those skills taught in the previous levels. Parents may enroll children at any level for which they have adequate skills.

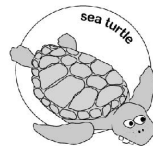
## "Sea Turtle" Level I

Ages: 6-12 years

Prerequisites: No swimming skills required

Skills Checklist:

- ✓ Enter and exit pool safely
- ✓ Submerge mouth, nose, and eyes
- ✓ Open eyes under water
- ✓ Pick up submerged object under water
- ✓ Exhale underwater through mouth and nose
- ✓ Front Float (supported and unsupported)
- ✓ Back Float (supported and unsupported)
- ✓ Roll over from front glide to back glide
- ✓ Roll over from back glide to front glide
- ✓ Front swimming with arm and leg actions
- ✓ Back swimming with arm and leg actions
- ✓ Discuss basic water safety rules
- ✓ Demonstrate proper use of a lifejacket



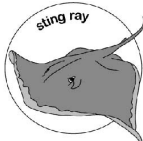
## "Sting Ray" Level II

Ages: 6-12 years

Prerequisites: Sea Turtle skills and the child should be comfortable in the water

Skills Checklist:

- ✓ Submerging entire head
- ✓ Jump in from side of pool (shallow water)
- ✓ Unsupported front float
- ✓ Unsupported back float
- ✓ Front glide (supported and unsupported)
- ✓ Back glide (supported and unsupported)
- ✓ Finning arm action
- ✓ Sculling arm action
- ✓ Rhythmic bobs (10 times)
- ✓ Jellyfish float
- ✓ Treading water using arm and leg motions
- ✓ Swimming using combined stroke on front (15 feet)
- ✓ Swimming using combined stroke on back (15 feet)
- ✓ Moving in water while wearing a life jacket
- ✓ Recognizing a swimmer in distress and getting help



## "Pelican" Level III

Ages: 6-12 years

Prerequisites: Sting Ray Skills (or Flying Fish)

Skills Checklist:

- ✓ Unsupported front glide with kick
- ✓ Unsupported back glide with kick
- ✓ Jump into deep water from side
- ✓ Front crawl stroke with rotary breathing (15 yards)
- ✓ Back crawl stroke (15 yards)
- ✓ Treading water (30 seconds)
- ✓ Butterfly kick and body motion
- ✓ Survival float on back
- ✓ Sitting and kneeling dive (shallow dive progression)
- ✓ Rules for safe diving
- ✓ H.E.L.P. position
- ✓ Huddle position



**Adult Beginner:** For adults (ages 18 and older) who do not know how to swim but want to learn. Emphasis is placed on water safety and basic swimming strokes such as treading water and front and back crawl coordination. Classes are paced to the individual's skill level. Classes will be held in the instructional pool and the competition pool.



## Group Swim Lessons

All Group Lessons are offered as a four week class either a Mon/Wed or Tue/Thu for a total of 8 30 minute lessons.

### Mon/Wed classes

**November 6 - December 6**

(NO classes the week of November 20)

### Tue/Thu classes

**November 7 - December 7**

(NO classes the week of November 20)

Fees: Facility Member resident: \$64  
Facility Member non-resident: \$74  
Non-member resident: \$74  
Non-member non-resident: \$84

**Swim Class Descriptions**  
on previous page.

### Schedule for Mon/Wed

CLASS NAME	TIME	ACTIVITY #
CUTTLE FISH A	10:35a 5:10p	5000.100 5000.101
CUTTLE FISH B	11:10a 5:45p	5002.100 5002.101
CLOWN FISH	10:00a 10:35a 11:45a 4:00p 4:35p 5:45p 6:20p	5003.100 5003.101 5003.102 5003.103 5003.104 5003.105 5003.106
JELLY FISH	10:00a 11:10a 4:00p 4:35p 5:45p	5004.100 5004.101 5004.102 5004.103 5004.104
BALLOON FISH	11:45a 4:35p 5:45p	5004.100 5004.101 5004.102
FLYING FISH	6:20p	5006.100
SEA TURTLE	4:00p 4:35p 5:10p	5007.100 5007.101 5007.102
STING RAY	4:00p 5:10p	5008.100 5008.101
PELICAN	5:10p 6:20p	5009.100 5009.101
ADULT BEG	6:20p	5500.00

### Schedule for Tue/Thu

CLASS NAME	TIME	ACTIVITY #
CUTTLE FISH A	10:35a 5:10p	5000.200 5000.201
CUTTLE FISH B	11:10a 5:45p	5002.200 5002.201
CLOWN FISH	10:00a 10:35a 11:45a 4:00p 4:35p 5:45p 6:20p	5003.200 5003.201 5003.202 5003.203 5003.204 5003.205 5003.206
JELLY FISH	10:00a 11:10a 4:00p 4:35p 5:45p	5004.200 5004.201 5004.202 5004.203 5004.204
BALLOON FISH	11:45a 4:35p 5:45p	5005.200 5005.201 5005.202
FLYING FISH	6:20p	5006.200
SEA TURTLE	4:00p 4:35p 5:10p	5007.200 5007.201 5007.202
STING RAY	4:00p 5:10p	5008.200 5008.201
PELICAN	5:10P 6:20p	5509.200 5509.201
ADULT BEG	6:20p	5500.200

## COED AQUATIC FITNESS CLASSES

**Shallow Tone:** This shallow Water class is designed to accommodate all fitness levels. With a combination of cardiovascular conditioning, toning techniques, and strengthening exercise, this class will provide you with a total body workout minus the effect from hard surfaces. Aqua socks or tennis shoes are recommended.

**Beginner Sculpt:** A gentle cardiovascular and muscle toning class geared especially for the novice participant. Aqua socks or tennis shoes are recommended.

\*\*Class Schedules will begin on November 6th 2006

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:00a-7:00a	Shallow Tone		Shallow Tone		Shallow Tone	
8:30a-9:30a		Beginner Sculpt		Beginner Sculpt		Shallow Tone
11:45a-12:45p	Beginner Sculpt		Beginner Sculpt		Beginner Sculpt	
7:00p-8:00p	Shallow Tone	Shallow Tone	Shallow Tone	Shallow Tone		

Morgan Hill Community Playhouse  
17090 Monterey Road

**South Valley Civic Theater**  
*presents*



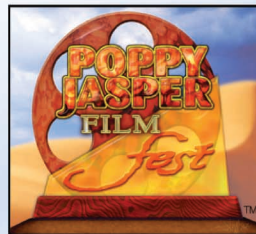
**September 15 - October 6**



**October 17 - December 9**

Tickets available at the Community Center  
Info: 842-SHOW or [www.svct.org](http://www.svct.org)

## **Poppy Jasper Film Festival**



**November 10, 11, 12**

Info: Kim Bush 590-7662  
or [www.poppyjasperfilmfest.org](http://www.poppyjasperfilmfest.org)

## **Comedy Night**



**Last Thursday of the Month**

Doors open 7:30 p.m. / Show 8:00 p.m.  
(not recommended for children under 18)

Tickets at the door - \$10  
Info: Karen Lengsfeld 782-0008

## **Art Exhibits Coming to the Community and Cultural Center**

**September 11 - October 27**

An exhibit by the students attending Santa Clara County Schools. Come out and support these talented young artist at a special reception held in their honor on Friday, September 30, from 6:30-8pm.

**November 6 - December 22**

### **Centennial Art Exhibit**

Date of artists reception to be announced.  
Morgan Hill Community and Cultural Center  
17000 Monterey Road • Info: 782-0008

**See page 19.**

**Grand Opening  
Saturday, October 28**

**Celebrate a Healthy Morgan Hill**



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Morgan Hill, CA 95037

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